



Preparation for Adulthood

Name:

Year Group/Class:

Date:

Name of person helping me fill in the form:

My hopes for the future (what do I want to do/be when I leave school?)	Learning (what do I want to learn?)
Training and employment (what job do I want to do? What training might I need?)	Keeping healthy (what support am I going to need to stay healthy?)
Where am I going to live? (e.g. supported living with friends, independent living, living with family)	Being part of the community (what activities would I like to do?)
What do people say about me? (friends/ adults who work with me)	Celebrating success (what has gone well?)