

Good Health and Wellbeing

Intent

Students will be supported and encouraged to make healthy life choices linked to their physical health, mental wellbeing and diet.

Implementation

Students will continue to explore good health, wellbeing, personal care, and hygiene through a range of learning opportunities within the Student Centre curriculum. Support will be offered to students as required, with a continued emphasis on increasing their independence. Students will plan, prepare, and cook healthy balanced meals for themselves and others. They will be encouraged to examine the nutritional values of their food and make informed choices based on that information. Participation in weekly sports sessions will give students opportunities to be active and have fun with their peers, hopefully finding sports they would like to continue with in adult life. As part of their travel training, students will walk within the community to enhance road safety decision-making skills and promote walking for pleasure. Students will uphold good food hygiene practices and actively contribute to maintaining the Student Centre kitchen at a high standard of cleanliness with some students being given daily jobs to complete. To promote wellbeing, students will engage in weekly vocational clubs which they choose, and they will have the choice to participate in weekly swimming lessons. Year 14s will be supported with their transitions to their next placement in school and by going to visit their new settings. There will be chances for students to celebrate their successes this year and to reflect on their strengths and areas for development.

Impact

Students will have developed a deeper understanding of what it means to be a healthy adult. They will be able to make informed decisions about their health and wellbeing. They will have produced a range of healthy balanced meals, improved their fitness levels through regular sports participation, and been able to reflect and celebrate their academic year.

Student Centre My Voice, My Choice Terms 5 and 6

Skills Builder

Students have been making good progress towards the 8 Skills builder employability skills; listening, speaking, problem solving, creativity, leadership, staying positive, aiming high, team work. These skills are weaved into all aspects of our curriculum and will now be tagged on Earwig, where appropriate.

Coffee Mornings

Friday 24th April 2026

Friday 22nd May 2026

Friday 26th June 2026- 'on tour' at the Wantage Day Centre, OX12 7HG

Friday 17th July 2026- summer celebration for end of term

Coffee mornings are 10-11.30am in the Student Centre. There are a range of drinks and cakes to enjoy as well as an enterprise stall selling items made by the students.

Friendships, Relationships and Community

Intent

Students will develop their understanding of different friendships and sexual relationships. There will be a continued focus on consent and having autonomy over our bodies and personal space. Students will be active community members with weekly visits to local facilities.

Implementation

Throughout the RSE curriculum in the Student Centre, students will learn about respectful sexual relationships and friendships and appropriate behaviours within these relationships. Students will take part in discussions around positive and healthy friendships/relationships and what this looks like. Students will engage in a series of planned activities and lessons designed to deepen their understanding of consent and boundaries, with a focus on sexual relationships, where appropriate. These activities will include structured discussions, role-playing scenarios, group projects, and peer interactions that explore the dynamics of positive communication, empathy, trust, and respect. Students will take part in real-world learning experiences such as community outings and local work experience and volunteering. They will build positive relationships with their work experience mentors over time. These opportunities will allow them to apply and develop the social skills necessary to build and maintain healthy relationships in diverse settings.

Impact

By gaining a deeper understanding of different relationships and refining their communication skills, students will be better equipped to build meaningful connections with peers, community members, and local organisations. They will feel confident in making decisions about their bodies and relationships and speaking up. They will have made a meaningful impact in the local community.

Independent Living Skills

Intent

Students will continue to practice and develop their independent living skills with a greater emphasis placed on being out in the community

Implementation

Students will practise planning journeys and using public transport safely and independently, developing awareness of timetables, road safety, and appropriate behaviour. They will manage personal budgets, prepare meals, and maintain food hygiene with increasing independence within the student centre. Students will continue to take an active role in Coffee Mornings, including preparing food, welcoming guests, and handling money. Enterprise activities will continue, offering opportunities to build communication, organisation, and confidence. Students will be given the choice about what they think our enterprise and coffee morning money should be spent on.

Impact

Students will build on existing skills, apply them more independently in real-life situations, demonstrate safe practices when travelling, and confidently engage with the wider community, supporting their transition to adult life.

Enrichment

Students will take part in at least one of our weekly group enrichment visits:

-Day Centre Music class

-Church volunteering

-Blenheim Palace work experience

-Swimming at the leisure centre

-Style Acres work experience

Date for your diary:

16th July 2026- Evening leavers event at the Comrades club, Wantage (Invites to follow...)

Life and Employment Skills

Intent

All students will participate in work experience and will have the chance to develop their employability skills in Functional English and accreditation lessons. Students will develop their knowledge of current affairs and take an active interest in the world around them.

Implementation

Throughout terms 5 and 6 in the Student Centre, students will engage in a range of lessons and activities focused on understanding employment, the world of work, and key employability skills such as communication, teamwork, problem-solving, and time management. They will be encouraged to engage in the world around them by completing weekly activities linked to current affairs. Through interactive discussions, meetings with careers advisors and transition visits to different provisions, students will gain insights into different learning and vocational pathways and the skills required to succeed in their chosen pathway. All students will be reminded they have the autonomy to decide what their future looks like.

Impact

Students will have gained essential employability skills and practical experience through Enterprise projects and work placements, preparing them for future career opportunities and making informed decisions about their professional paths.