We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.







All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal infant FREE school meals and can benefit by £458 per child per year. if your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.

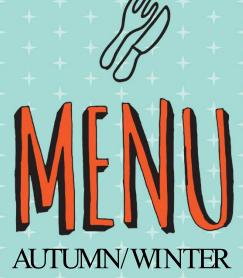


SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



Fitzwaryn

2023-24



edwards and ward



WEEK ONE

WEEK TWO

WEEK THREE



Margherita Pizza with Jacket Wedges (V)

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Rainbow Veg

Scoop of Vanilla Ice Cream (V)



MONDAY

Mild & Sweet Chicken Curry with Rice (Wg)

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Sweetcorn & Peppers

Apple Crumble (Ve)(Wg) with Custard (V)



THURSDAY

FRIDAY

Roast of the Day with Roasties & Gravy

Jacket Potato with a Choice of Filling
Classic Tomato Soup with a Cheese Sandwich
Broccoli, Sliced Carrot
Strawberry Jelly & Peaches (Ve)

Penne with Tomato Super Sauce (Ve)

Jacket Potato with a Choice of Filling
Classic Tomato Soup with a Cheese Sandwich
Green Beans, Swede
Chocolate Mousse (V)

Fish Fingers with Chips

Jacket Potato with a Choice of Filling
Classic Tomato Soup with a Cheese Sandwich
Baked Beans, Garden Peas
Flapjack (Ve)

6/11/23, 27/11/23, 18/12/23, 8/1/24, 29/1/24, 19/2/24, 11/3/24

Vegetable Lasagne (V)

Jacket Potato with a Choice of Filling
Classic Tomato Soup with a Cheese Sandwich
Rainbow Veg
Scoop of Vanilla Ice Cream (V)

Chicken Paella (Wg)

Jacket Potato with a Choice of Filling
Classic Tomato Soup with a Cheese Sandwich
Sweetcorn, Green Beans

Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Cauliflower, Carrot Batons Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato Sauce (Wg)

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Cabbage, Garden Peas

Banana Custard (V)

Fish Fingers with Chips

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Baked Beans, Garden Peas Chocolate Shortbread (Ve)

13/11/23, 4/12/23, 25/12/23, 15/1/24, 5/2/24, 26/2/24, 18/3/24

Pizza Mac & Cheese (V)

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Rainbow Veg

Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg)

Jacket Potato with a Choice of Filling
Classic Tomato Soup with a Cheese Sandwich
Sweet corn, Green Beans
Peach & Pineapple Crumble (Ve)(Wg) with
Custard (V)

Roast of the Day with Roasties & Gravy

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Cabbage, Sliced Carrot Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweet corn Pasta Bake (Wg)

Jacket Potato with a Choice of Filling
Classic Tomato Soup with a Cheese Sandwich
Swede, Shredded Carrots

Chocolate Mousse with Mandarins (V)

Fish Fingers with Chips

Jacket Potato with a Choice of Filling Classic Tomato Soup with a Cheese Sandwich Baked Beans, Garden Peas Iced Shortbread (Ve)

30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 4/3/24, 25/3/2



