



## COVID actions for families

March 2022

### **If your child develops a new, persistent cough; a high temperature; or a loss of, or change in, their normal sense of taste and smell**

- ▶ they should be isolated, and a PCR test should be arranged
- ▶ where this is not possible because your child finds this too traumatic, they should isolate for 10 days

### **If your child has been identified as a contact of a confirmed case**

- ▶ it is strongly advised that they take a Lateral Flow Test (rapid LFD test) every day for 10 days
- ▶ where this is not possible because your child finds this too traumatic or your child is under 5 years of age, the whole of the rest of the household should take a Lateral Flow Test (rapid LFD test) every day for 10 days (known as 'proxy testing'). If using this approach, your child can attend school as long as no other members of the household tests positive and your child has no symptoms of illness of any kind, not just those associated with COVID-19

### **If your child tests positive on a Lateral Flow or a PCR Test**

- ▶ they should be isolated from school for a minimum of 6 days (this may be longer)
- ▶ they should take a Lateral Flow Test on day 5 and, if this is negative, another Lateral Flow Test on day 6 (this must be 24 hours after the day 5 test), continuing to re-test following any positive result until two consecutive negative results are achieved (see grid on following page for detail)
- ▶ if the day 5 and day 6 (or later two consecutive tests, if necessary) Lateral Flow Tests are negative and they have not had a high temperature for 48 hours without the use of medication to control the fever, they can return to school on day 7
- ▶ it is strongly advised that they continue to take a Lateral Flow Tests for days 7, 8, 9 and 10. Please note that if your child initially tested positive on a Lateral Flow Test that they were taking routinely, or because they had been identified as a close contact of a confirmed case, but did not develop symptoms until later on, the 10 day count must be taken from the first day of any emerging symptoms, rather than the date of the test result.

## Isolation periods

Day	Scenario 1	Scenario 2	Scenario 3	Scenario 4
0	First Day of Symptoms <b>OR</b> Date of Lateral Flow/ PCR Test if there are no symptoms throughout	First Day of Symptoms <b>OR</b> Date of Lateral Flow/ PCR Test if there are no symptoms throughout	First Day of Symptoms <b>OR</b> Date of Lateral Flow/ PCR Test if there are no symptoms throughout	Date of Lateral Flow/ PCR Test
1	Isolate	Isolate	Isolate	Isolate
2				Symptoms appear (for example on Day 2)
3				Isolate
4				
5	Take LFT Result is <b>negative</b> Continue to isolate	Take LFT Result is <b>positive</b> Continue to isolate	Take LFT Result is <b>positive</b> Continue to isolate	Isolate
6	Take LFT 24 hours after first LFT on Day 5 Result is <b>negative</b> Continue to isolate	Take LFT 24 hours after first LFT on Day 5 Result is <b>negative</b> Continue to isolate	Take LFT 24 hours after first LFT on Day 5 Result is <b>positive</b> Continue to isolate	Isolate
7	If both LFTs are <b>negative</b> and your child has not had a high temperature for 48 hours <u>without</u> the use of medication to control the fever, they can return to school.	Take LFT 24 hours after first LFT on Day 6 Result is <b>negative</b> Continue to isolate	Take LFT 24 hours after first LFT on Day 6 Result is <b>negative</b> Continue to isolate	Take LFT 24 hours after first LFT on Day 5 Result is <b>negative</b> Continue to isolate
8		If two LFTs are <b>negative</b> and your child has not had a high temperature for 48 hours <u>without</u> the use of medication to control the fever, they can return to school.	Take LFT 24 hours after first LFT on Day 7 Result is <b>negative</b> Continue to isolate	Take LFT 24 hours after first LFT on Day 6 Result is <b>negative</b> Continue to isolate
9			If two LFTs are <b>negative</b> and your child has not had a high temperature for 48 hours <u>without</u> the use of medication to control the fever, they can return to school.	If both LFTs are <b>negative</b> and your child has not had a high temperature for 48 hours <u>without</u> the use of medication to control the fever, they can return to school.
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