



# ASDAN Personal Development Programme

At Fitzwaryn, we follow the ASDAN Personal Development Programme as part of our curriculum and Accreditation in Year 9, 10 and 11 pupils in Chestnut and Holly classes. The ASDAN Personal Development Programme enables us to develop and deliver a personalised curriculum for our pupils, that develop a range of skills that will be invaluable when they start work and begin living as independent lives or as semi independent lives as possible..

The pupils work through a student book that comprises of 13 modules that form the basis of our curriculum over the 2 years.

## Module titles:

Communication;  
The Community;  
Sport and Leisure,  
Home Management;  
The Environment;  
Number Handling;  
Health and Survival;  
World of Work;  
Science and Technology;  
The Wider World;  
Expressive Arts;  
Beliefs and Values;  
Combined Studies.

## Portfolio

Pupils will provide evidence of demonstrating their skills in their portfolio. There should be at least one piece of evidence for each challenge. Evidence includes: worksheets, photos, podcasts maps, tickets, interview notes or witness statements.

At the end of the course, pupils will be asked to complete a Personal Statement, saying how they felt about the programme and what they want to do next.

## Achievement

Pupils' achievements can be certificated at different levels:

Bronze credits = 1-5 credits

Bronze = 6 credits

Silver = 12 credits

Gold = 18 credits

## Challenges

The modules are divided into section A and section B. Each section is made up of varying activities, called challenges.

Section A challenges are smaller, bite-sized activities. Section B challenges are bigger projects that will take more time. Each section should take at least 10 hours to complete – 10 hours is worth one credit..



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## Key Skills

Key skills are developed while working through the challenges. Students learn how to plan and review their activities as well as how to build and organise a portfolio.

Students will decide with the tutor which of their challenges they'd like to pair with a Skills Sheet. The number of Skills Sheets a student needs to complete will depend on the programme they are working towards.

Skills to be ticked off include:

- Teamwork
- Independent learning
- Coping with problems
- Using Maths, English or IT

## What are the benefits?

The Personal Development Programmes enable students to:

- develop and demonstrate a range of personal, social and employability skills
- broaden their experience and instil confidence
- gain knowledge of real-life activities, creating well-rounded members of society

The Personal Development Programmes are practical, engaging and flexible. The content of the course can be personalised and therefore the student has control of their own learning and can work at their own pace.